

Professional Development

Learning Activity

Reading and reflecting on this article will enable you to:

- ▶ Increase awareness of the challenges multicultural patients experience as inpatients.
- ▶ Identify the barriers that affect the health outcomes of multicultural patients.
- ▶ Identify strategies or interventions to remove the barriers.

Reading the article *Safe care for multicultural patients in acute care* and undertaking this learning activity is equivalent to 60 minutes of professional development. This learning activity is relevant to the Nursing Council registered nurse competencies: 1.5, 2.1, 2.2, 2.3, 2.6 and 3.2.

A Reading

- 1 View the Purnell Model of Cultural Competence by Larry Purnell (Figure 1 on p.17).
Source: *Journal of Multicultural Nursing & Health* 11(2) 7–15. Full article can be viewed at: bit.ly/2CefvAQ (accessed Sept 2018).
- 2 Read again the short summary of Campinha-Bacote & Munoz's five-component model for developing cultural competence (see main article).

B Reflection

Using the above models reflect on a patient case where you worked with a patient from a culturally and linguistically diverse background:

- 1 What challenges did you encounter? What were your feelings?
- 2 How did you manage these challenges?
- 3 How might your own cultural background have influenced your response?
- 4 If these challenges arose again how could you do better?

C Reality

When next caring for a patient with a culturally and linguistically diverse background:

- 1 Using the key components of the Giger and Davidhizar²³ cultural assessment model (view at bit.ly/203rzGn), do a brief assessment of this patient's cultural needs.
- 2 Identify three challenges to providing care to this individual and describe how you responded.
- 3 What steps could you take to further develop your cultural competence in working with patients from culturally and linguistically diverse backgrounds?

Verification by a colleague of your completion of this activity

Colleague name

Designation

Date

Nursing council ID

Work address

Contact #