

Professional Development

Learning Activity

Learning outcomes

- ▶ increase familiarity with the *Code of Conduct* standards for professional nursing conduct and behaviour
- ▶ practise applying the principles and standards of the Code
- ▶ raise awareness of the appropriate approach for health professionals towards professional boundaries, social media and electronic communications
- ▶ locate and review guidelines that underpin nursing practice.

Reading the article '*Code of Conduct refresher*' and undertaking this learning activity is equivalent to **60 minutes** of professional development. This learning activity is relevant to NCNZ competencies **1.1, 1.4, 2.9, and 4.3**. Please discuss all your answers with your peer/s.

A Reading

- 1 Read these three NCNZ guidelines: *Code of Conduct*, *Professional Boundaries*, *Social Media and Electronic Communications*.

B Reflection

- 1 Reflect on a practice situation where you or a colleague have been unsure about the boundaries around patient care. Identify which of the principles and standards from the Code or professional boundaries guidelines are relevant. What would you do differently next time? Consider the four 'questions for reflection'.

AND/OR

- 2 Think about a practice-related situation where you have been unsure if you or a colleague acted appropriately. Identify which of the principles and standards from the *Code of Conduct* are relevant. What would you do differently next time?

C Reality

- 1 Note down all the ways in which you use social media and electronic communication, including text, instant messages and email. Search for information about and images of yourself online. Review the relevant guidelines and principles. Do you need to make any changes?
- 2 Consider a time where you think you or someone you work with has been (or is being) coerced or bullied. Identify which of the principles and standards from the *Code of Conduct* are relevant. Consider what you might do differently next time.

Verification by a colleague of your completion of this activity

Colleague name

Designation

Date

Nursing council ID

Work address

Contact #